



## GREEN GUIDE

Keen to throw an eco-friendly bash, but not sure where to start? Janhavi Shah of 3 Degrees Events provides 10 steps for going green on the big day. By **Doris Lam**

### 1 Say "yes" to a preloved dress

"Wearing a vintage dress - or perhaps your mother's own wedding gown - will reduce your carbon footprint. If the look is no longer in style, hire a seamstress to update the dress and tailor it to your figure."

**TOP TIP:** Book an appointment several months in advance with women's tailors like Irene Fashion ([www.irenefashion.com.hk](http://www.irenefashion.com.hk)) in Central.

### 2 Rent bridesmaids dresses

"Sites like LMR Weddings or Yeechoo offer modern, stylish cocktail dresses and gowns that are perfect for bridesmaids."

### 3 Host a daytime wedding

"From the music to those darling fairy lights, it's easy to forget how much electricity goes into fueling a big event. For an easy alternative, host your wedding during the day. That way, you can make use of photogenic natural light and cut down on electricity."

### 4 Buy seasonal flowers

"Work with florists who can recommend seasonal flowers.

**TOP TIP:** Head down to the Prince

Edward flower market to choose your own seasonal flowers. Or try Flannel Flowers ([www.flannelflowers.com.hk](http://www.flannelflowers.com.hk)) for some seasonal expertise.

### 5 Support local farmers

"Discuss farm-to-table dining options with your caterer. There are several farms in Yuen Long that produce fresh, organic veggies."

**TOP TIP:** Local caterers such as CRFT PIT ([www.crft-pit.com](http://www.crft-pit.com)) and Invisible Kitchen ([www.invisiblekitchen.com](http://www.invisiblekitchen.com)) will ensure all produce is fresh and seasonal.

### 6 Plant power

"The most effective way to reduce your wedding's carbon footprint? Go vegan for a night. If you're hosting a wedding banquet in Hong Kong, there are plenty of catering options serving up delicious green treats.

### 7 Choose reusable gift favours

"Your guests will love eco-friendly gifts such as homemade jam, potted succulents or fresh herbs."

### 8 Donate your decor

"Instead of letting all your beautiful flowers and decorations go to waste,

offer them to guests as favours or donate them to a nonprofit like Petal Delights ([facebook.com/PetalDelights](https://facebook.com/PetalDelights))"

### 9 Ditch paper invitations

"Most invitations are thrown away after the event, resulting in loads of waste. For invites, try PaperlessPost - a site that enables couples to design beautiful e-cards."

**TOP TIP:** If you have your heart on mailing paper save-the-dates instead of an e-invite, look into sustainable paper options. You can source recycled - or even plantable "seed paper" that can be grown into flowers or herbs - from online outfits such as Bloomin ([bloomin.com](http://bloomin.com)).

### 10 Distribute excess food

"Encourage guests to take home leftover food or set up composting bins at the reception to avoid food waste."

**3 Degrees Events creates personalised and memorable events across Asia. [3degrees.com.hk](http://3degrees.com.hk).**